

## **JACQUE TARA WASHINGTON, LMSW**

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### SOCIAL WORK OBJECTIVE

Obtain a position as a therapist working with a multi-culturally diverse group of clients with mood, personality and psychiatric disorders, and addictions, with a special focus on children, college-age students, and their families. Utilize my expertise in creating and implementing presentations that train and educate individuals, families and groups on various topics related to self and the environment. Integrate various components of theatre, music, writing, visual art and physical movement with various therapeutic approaches to enhance client self-awareness and development.

### EDUCATION

The University of the State of New York Education Department- Social Work License 2007

Syracuse University- MSW Individuals, Families and Groups 2003 to Dec. 2005

Syracuse University- BFA in Visual and Performing Arts 1985 to 1987

Syracuse University- One semester in London and Paris 1987

Onondaga College- AAS in Radio Television Communications/Journalism 1980 to 1982

### RELEVANT SKILLS AND EXPERIENCE

#### **Tompkins County Mental Health**

201 E. Green Street Ithaca, NY 14850 January 2009 to present

Position: Psychiatric Social Worker/Therapist

Manage a caseload of 30 or more clients with various mental health and personality disorders; co-facilitate Dialectical Behavioral Therapy group; individual, couples, family therapy.

Skills: crisis intervention; use of various approaches to treat from mild depression to schizophrenia; DBT.

#### **Cayuga Addiction Recovery Services**

6621 Rt. 227 Trumansburg, NY 14886 May 2007 to December 2008

Position: Primary Addictions Counselor

Managed a caseload of 15 clients in recovery at the 6-month residential facility; planned and facilitated the following groups: Relapse Prevention, Early Recovery, Family Education, Social Support, Drug and Alcohol Education; individual and conjoint sessions.

Skills: Case management; alcohol and other drugs assessment; crisis intervention; relapse intervention; individual, couple and family therapy; discharge planning; use of community resources in relationship to support systems for discharged clients.

#### **Onondaga Pastoral Counseling Center, Inc.**

324 University Avenue, Syracuse, NY August 2004 to April 2005

Position: Social Work Intern, Syracuse University

Throughout the school year, managed a caseload of about 11-15 clients at a time, working with all populations. Co-facilitated two groups: the Creative Healing Group at OPCC (with immediate supervisor), and a play therapy group at LeMoyne Elementary School in Syracuse, New York.

Skills: Developed skills related to assessment; diagnosis; care planning; crisis intervention; brief therapy; individual, family and group therapies; discharge planning; family system support; use of community resources, and use of the DSM IV TR as a diagnostic tool; developed scales of measurement for client evaluation; and adhered to the agency's policies and procedures.

### **State University of New York Upstate Medical Center**

750 Adams Street, Syracuse, New York August 2003 to April 2004

Position: Social Work Intern, Syracuse University

Continuum Care Department: first semester field placement in The Center for Children with Cancer and Blood Disorders (children with leukemia, lymphoma and sickle cell disease); second semester field placement in the Pulmonary Pediatric Unit (children with cystic fibrosis).

Skills: Psychosocial brief interaction with children and parents in clinic setting, introduced them to services within the hospital and the community, and assisted with financial and moral support. Assisted unit supervisors with general planning, implementation and correspondence in reference to the care of the patients and their parents; provided the patients/parents with educational information, updates on the latest treatments, and research; researched effects of hypnosis on pain reduction and received certificate for self-hypnosis training; assisted in developing nutrition training and awareness for clients.

### **Association of Institutes for Aesthetic Education**

*Arts in Education Institute-* Utica, New York 1994 to 2005

*Institute for the Arts In Education-* Philadelphia, Pennsylvania 1995 to 1998

*The Institute for the Arts In Education-* Albany, New York 1995 Summer Session

*Central New York Aesthetic Education Institute-* Syracuse, New York 1990 to 1994; 2005

Position: Teaching Artist Administrator

Designed and implemented workshops for specific age groups from pre-kindergarten through college age levels as well as teachers, based on various and diverse works of art in theatre, music, and writing with the inclusion of visual art and movement.

Skills: Researched and studied all works of art, various cultures, historical references, and the connections of the artistic work to the academic curriculum; planned creative workshops for specific age groups with varied and limited time allowances; successfully interacted with students of various intellectual levels and diverse cultures; taught the performance process and elements of all genres of music, theatre, and literature globally; planned and implemented advanced curriculum.

### ADDITIONAL EXPERIENCE

#### **Syracuse University**

School of Social Work- Syracuse, NY Special Project- "*The Things We Do*" September 2007

Position: Director; Producer; Writer

Created an interactive DVD/live presentation for the SU School of Social Work's 50th anniversary. Interviewed social workers for a DVD and directed live performers in a presentation that focused on the core values of social work.

Skills: Wrote script and interview questions; hired lighting and sound directors, musicians, and performers; directed production; interviewing, acting, and singing.

#### **The Society for Human Resource Management of Tompkins County**

Ithaca, NY Special Project- "*How Effective Is Your Networking?*" December 2006

Position: Creator; Facilitator

Skills: Created an interactive workshop addressing the skills and techniques of networking.

Conceived, researched and presented the topic using interactive techniques, including handouts and role-play.

### **Tompkins County Community College and Lockheed Martin**

Ithaca, NY Campus

Position: Creator; Facilitator

Workshops: Taking Your Professionalism to the Next Level; Cultural Adaptability

Skills: Created an interactive workshop addressing the skills and techniques of professionalism, dialogue, and self-awareness.

### **Cornell University**

20 Thornwood Drive

Ithaca, New York 14850 February 2006 – February 2007 Currently adjunct for special projects

Cornell Interactive Theatre Ensemble

Position: Assistant Director of Program Planning; Actress

Skills: Interacted with clients to develop diversity and policy programming for universities and corporations. Discussions included goals, purpose, expected outcomes, and logistics. Studied scripts, created and developed characters, rehearsed and acted out scenes.

### **SUNY Oswego**

*School of Education-* Oswego, New York Summer 2005

Position: Instructor

Designed and taught a one-week concentrated Master's course entitled *Addressing Diversity Through An Arts-Centered Curriculum* (EDU 505 670).

Skills: Developed strategies to integrate the arts and diversity in instructional methods and techniques with the goal of curriculum transformation. Taught principles and concepts of aesthetic education and its centrality to curriculum development. Designed activities to examine how racism, classism and other forms of oppression inform educational and curricular practices, and creatively explored ideas for inclusion of the experiences, voices, contributions, and perspectives of non-dominant individuals and groups.

### **Hamilton College**

Clinton, New York 1995 to 1999 (intermittently)

Positions: Acting Instructor; Costume Designer; Director; Substitute Instructor

Skills: Taught freshman and sophomore students the concepts of acting; read and researched plays; designed and implemented related course studies; critiqued and graded students; served as advisor. *Costume design responsibilities:* researched the time period for accurate clothing and hairstyles; shopped for fabrics; designed and created costumes; costume upkeep for run of the production. *Director responsibilities (seven-character production):* researched the era of the piece; researched and chose music; blocking design; costume design; acting instruction; supervised students with lighting, sound, and promotions. *Substitute teaching responsibilities:* designed and implemented course related material to coincide with music curriculum.

Additional Skills: Implemented advanced teaching concepts and responsibilities; interacted successfully with college students in various and diverse situations; implemented fashion design; seamstress; implemented lighting techniques; public relations; music underscoring for stage production; research; successfully handled multiple tasks.

### **Abundant Life Christian Center**

7000 All Nations Blvd. East Syracuse, New York July 2003 to August 2004

Position: Children's Ministry Coordinator (1-6 grades)

Skills: Trained all teachers and team leaders (about 25); provided administrative and management support to the director of children's ministry; mediated conflicts between teachers, children or parents; worked with the director of children's ministry to recruit new teachers, new children, and new programs; maintained correspondence between teachers; evaluated staff and overall program development and submitted monthly reports to the director of children's ministry; assisted the director of children's ministry in creating and implementing a high energy format; created and distributed monthly teaching schedules and curriculum; taught twice a month.

### **Radio Production and Journalism**

*WAER Jazz 88* Syracuse, New York 1996

Position: Producer

Skills: Researched, wrote and narrated a series entitled *Voices: The Music and Politics of African American Vocalists*.

*WAER Jazz 88* Syracuse, New York 2000

Position: Producer

Skills: Wrote the theme song for the weekly radio news show, *Women's Voices*; researched, wrote, and produced a monthly segment for that show entitled, *Speaking Script*, which focused on female playwrights and their works.

*WDR/WNTQ* Syracuse, New York 1981 to 1984

Position: News reporter/broadcaster/talk show host

Skills: Gathered news from various sources, wrote copy, on-air announcer.

*WNOV/WORK* York, Pennsylvania 1973 to 1977

Position: News reporter/broadcaster

Skills: Gathered news from various sources, wrote copy, on-air announcer; served as Mistress of Ceremony for various events in the region.

### **Professional Vocalist and Actress**

Performed throughout the United States, Japan, China, the French West Indies, and London.

Producer of two CDs: *World of Passion* and *Jazz Passions*.

### MEMBERSHIP AFFILIATIONS

National Association of Social Workers (NASW); Actors' Equity Association (AEA); American Society of Composers, Authors and Publishers (ASCAP)

### REFERENCES

*Paul Caldwell, PhD*, Professor, Syracuse University School of Social Work  
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